

PSYCHOLOGY BOOK LIST

C. de Armas Pino

For your reading enjoyment this summer:

- The Heart of the Soul, (2001), Gary Zukav
The Seat of the Soul, (1990), Gary Zukav
Walden Two, (1948), B.F. Skinner - Utopia built on operant conditioning, behaviorist school of psychology.
Beyond Freedom and Dignity, (1971), B.F. Skinner-Response to humanistic principles.
Flowers for Algernon, (1966), Daniel Keyes - A look at mental retardation.
I Never Promised You a Rose Garden, (1964) Hannah Green- Schizophrenia's torture.
Rebel Without a Cause, (1944), Robert M.Linder - The hypnoanalysis of a criminal psychopath.
Games People Play, (1964), Eric Berne - Transactional Analysis, a look at human relationships.
I'm O.K., You're O.K., (1973), Thomas A. Harris, MD
Jonathan Livingston Seagull, (1970), Richard Bach
Helter Skelter, (1974), Vincent Bugliosi- Charles Manson murders
Go Ask Alice, (1971), Anonymous-Why choose drugs?
Zen and The Art of Motorcycle Maintenance, (1974), Robert M. Pirsig
- An inquiry into values.
The Little Prince, (1943), Antoine St. Exupery
Sybil, (1973) Flora Rheta Schreiber- Dissociative Identity Disorder
Dibs: In Search of Self, (1964), Virginia Axline- Personality development in play therapy.
One Flew Over The Cuckoo's Nest, (1962), Ken Kesey
Personhood: The Art of Being Fully Human, (1978), Leo Buscaglia - Humanistic Theory
Love, (1972), Leo Buscaglia
The Art of Loving, (1956), Erick Fromm
You Don't Understand: Women and Men in Conversation, (1990), Deborah Tannen
Why Am I Afraid to Tell You Who I Am? (1969), John Powell
Learned Optimism, (1990), Martin Seligman
Men are from Mars and Women are from Venus, (1993), John Gray
Many Lives, Many Masters, (1988), Brian L. Weiss
Between Parent and Child, (1969), Dr. Haim G. Ginott
Between Parent and Teenager, (1969), Dr. Haim G. Ginott
Giving the Love that Heals, (1998), Hendrix Harville
The Bell Jar, (1971), Sylvia Plath - A novel about a woman's progression into insanity.
The Fountainhead, (1938), Ian Rand
Reviving Ophelia: Saving the Lives of Adolescent Girls, (1995), Mary Pipher
Raising Cain: Protecting the Emotional Life of Boys, (2000), Dan Kindlon and Michael Thompson
Siddhartha, (1998), Hermann Hesse
The Prophet, (1923), Kahlil Gibran
In Cold Blood, (1966), Truman Capote
The Catcher in the Rye, (1951), J.D. Salinger

In the Meantime, (1999), Ayanla Vanzant
Love is Letting Go of Fear, (1979), Gerald Jampolsky
She's Come Undone, (1992), Wally Lamb
I Know This Much Is True (1998), Wally Lamb
A Child Called It, (1995), Dave Pelzer
The Lost Boy, (1997), Dave Pelzer
A Man Called Dave, (2000), Dave Pelzer
Brave New World, (1932), Aldous Huxley
The Alchemist, (2006), Paulo Coelho
The Bluest Eye, (1978), Toni Morrison
The Joy Luck Club, (1989), Amy Tan
The Perks of Being a Wallflower, (1999), Stephen Chbosky
Dave Barry's Guide to Guys, (1995), Dave Barry
Prince of Tides, (1986), Pat Conroy -
Girl Interrupted, (1993), Susanna Kaysen
Angel Dusted, (1979), Ursula Etons - A family nightmare
The Color of Water, (1996), James McBride - A black man's tribute to his white mother.

FEEL FREE TO MAKE SUGGESTIONS FOR ADDITIONAL TITLES!